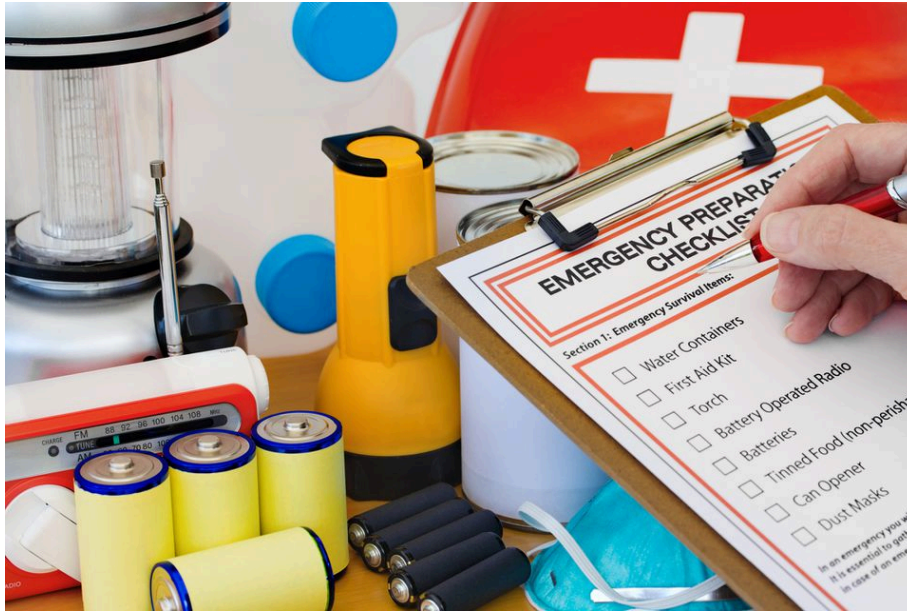


EMERGENCY SUPPLY LISTS



BASIC SUPPLIES FOR GRAB-N-GO

- ☐ Prescription medications and glasses
- ☐ Important family document (copy of insurance policies, ID, banking information and pictures) Waterproof container
- ☐ Battery-powered, hand crank, or solar powered radio and a NOAA Weather Radio with tone alert & extra batteries for both
- ☐ Cash and change
- ☐ Matches (waterproof or waterproof container) and/or lighter
- ☐ Feminine supplies & personal hygiene items
- ☐ Basic First Aid Kit
- ☐ Flashlight & extra batteries
- ☐ Utility tool - wrench or pliers to turn off utilities [Turning off your gas line](#)
- ☐ Change of clothing -long-sleeve, extra underwear/socks (colder weather need additional clothing)
- ☐ Flashlight & extra batteries
- ☐ Dust mask, to filter contamination air
- ☐ Plastic sheeting and duct tape to shelter-in-place
- ☐ Whistle to signal for help
- ☐ Local maps
- ☐ *Solar Charger - for phone
- ☐ Pad of paper / pens or pencils
- ☐ Fire extinguisher

- ☐ Sleeping bags or warm blankets. (if colder temperatures then add more blankets) Having Mylar type blankets as well.
- ☐ Trash bags

FOR BABIES AND CHILDREN

- ☐ Infant formula, diaper, wipes, & bibs
- ☐ Several changes of clothing and shoes (rotate often to ensure they will fit)
- ☐ Books, games, puzzles, coloring books, or other activities for children
- ☐ Toys or favorite toy or blanket

FOOD

- ☐ 3 day / 72 hour of food for each person
- ☐ 3 day / 72 hour for each animal
- ☐ Can opener for food (if kit contains canned food)
- ☐ Water - 1 gallon per person for food and sanitation
- ☐ Mess kit: paper cups, plates, plastic utensils, paper towels, & wipes
- ☐ Wipes to clean with
- ☐ Hand Sanitizer
- ☐ A way to heat to heat your food

MESS KIT

- ☐ Paper plates
- ☐ Paper cups
- ☐ Paper bowls
- ☐ Plastic utensils
- ☐ Paper towels
- ☐ Wipes
- ☐ Can opener
- ☐ *Can also get a camping set
- ☐ Small Pot if you need to heat up water

HEATING SOURCE FOR MESS KIT

- ☐ Sterno / small pocket stove

PET SUPPLIES [Hurricane Preparedness for Pets: Essential Tips and Checklist - PackFreshUSA](#) , [Pet Emergency Disaster Preparedness - PackFreshUSA](#) [Prepping For Your Pets - Dehydrating and Freeze Drying Pet Food - PackFreshUSA](#)

- ☐ Food
- ☐ Extra water
- ☐ Medicines
- ☐ Leashes
- ☐ Bowls
- ☐ Picture of animals in case you get separated
- ☐ Copy of shots
- ☐ Crates
- ☐ Toys / blankets
- ☐ Treats

WATER

- ☐ 1 Gallon per person and extra for pets per day
- ☐ Water tablets / household chlorine bleach and medicine dropper (1 part bleach to 9 parts water. Per Gallon is 16 drops bleach) Plain bleach only (no scented or color safe).
- ☐ Lifestraws

TOILET

[Crafting Your DIY Emergency Toilet - PackFreshUSA](#)
[EMERGENCY TOILET](#) video [DIY Handwashing Station](#)